



## IMPORTANT NOTICE!

With the support of the S.E.

**Dr. Warnakulasuriya Ambassador of Sri Lanka; the pearl of the Indian Ocean; of the President of Council Comune Milano Manfredi Palmeri; of the The provincia of Milan, the Regione Lombardia and The Consulate of Mauritius, the FESTIVAL OF INDIA "EAST MEETS WEST " SRI LANKA , MAURITIUS and SOUTH EAST ASIA combined with the 7<sup>th</sup> INTERNATIONAL CONGRESS YOGA & AYURVEDA and**

**SYMPOSIUM "RAYS OF A UNIQUE LIGHT"** scheduled from 2002 to 2005 at the Forum of Assago (35.000 visitors and 500 lecturers, artists, performers), after the transfer in Bulgaria (Plovdiv), Portugal (Santarem, Lisbon), Romania (Bucharest), Spain (Salamanca), India (New Delhi) is

### **BACK TO MILAN! AT PALASESTO**

easily reachable by UNDERGROUND (stop MM 1 red line) on

**29 - 30 - 31 MAY 2009**

**For further information:**

<http://www.suryanagara.it/en/eventi/eventi.html>

#### PRELIMINARY PROGRAM

- **Friday 29 May**
  - **20.30** Exhibition Opening and presentation of the Nations **INDIA - SRI LANKA - MAURITIUS and Nations of SouthEast Asia** under the Authority of **Manfredi Palmeri, Presidente del Consiglio Comunale of Milan, and S.E. Dr. Warnakulasuriya Ambassador of Sri Lanka**
  - **21:00** Presentation of the book written by the **Nobel Prize winner Sen. Rita Levi Montalcini** and dr. **Giuseppina Tripodi**, handing the award "Orange Omkara" over to the great scientist.
  - **SHOW with CLASSICAL DANCE of INDIA and FOLK DANCE of SRI LANKA** (with fire and percussions)
  - **23:00** Closing
  
- **Saturday 30 May**
  - **10.00** Exhibition Opening - Showing films and documentaries - and presentation of the nations: **INDIA - SRI LANKA – MAURITIUS and Nations of SouthEast Asia**
  - **11.00 CONGRESS OPENING** (Conferences - Round Tables - demonstrations - treatments-workshops) under the Authority of **Manfredi Palmeri, Presidente del Consiglio Comunale di Milano**
  - **13.00** Ethnical Lunch
  - **14.30 - 19:00 CONGRESS** (workshops and conferences - Yoga and Ayurveda massages - round table with debate)
  - **18.00 Fashion Parade by Armonia - tattoo and Indian make-up**
  - **19:30** Ethnical Dinner
  - **20:30 SHOW - Dance from India**
  - **24.00** Closing
  
- **Sunday 31 May**

- **10.00** Opening - showing films and documentaries - and presentation of the nations **INDIA - SRI LANKA - MAURITIUS and Asian South-East Countries**
- **11.00 CONGRESS** (YOGA - AYURVEDA - FINE ARTS : round tables, conference with debate)
- **13.00** Ethnical Lunch
- **14.30 - 18:00 SYMPOSIUM "RAYS OF A UNIQUE LIGHT"** with debate - Sufism, Sciamanesim, Sanataana Dharma (induism), Sikhism, Teravada and Tibetan Buddhism, Christianity will be represented) - **CONGRESS** (workshops and conferences - Yoga and Ayurveda massage)
- **18:00 Fashion Parade by Armonia - tattoo and make-up Indian**
- **19:30** Ethnical Dinner
- **20:30 Meditation for spreading a message of peace-love-tolerance** (with the participation of all speakers - teachers - performers) Closing Congress
- **21:00 CLOSING SHOW**
- **23:00** Closing festival

### **MOTIVATIONS:**

The Yoga and Ayurveda International Congress (7<sup>th</sup> edition) is back to Italy.

Well, yes. It is wanted to follow the pioneer animus of the creatress who already in 2002 she founded the courage to introduce the deep philosophy and spirituality of yoga to a wide audience.

It is obvious, easier and certainly financially worthwhile to bring it in a niche area, where the philosophy is already known .... but what should be the meaning of spreading Yoga where it is already known ?

This decision has been tested during the last few years and established that many people who came to the exhibition to attend a martial art show, a charm dance performance or a concert or even just to taste the Indian cooking, could appreciate the deep yoga techniques and the interesting ayurvedic suggestions, the meditation and the yogasana demonstration.

A cliché due to a commonplace has been discredited. Those people who never would have decided to come across to the oriental disciplines have found themselves in a fascinating world. They started to regard these wonderful disciplines that teach tolerance and respect for all beings ... till that moment they thought yoga and ayurveda as something for "insider".

Therefore, instead of offering it in some closed and discriminating places "for insider only" , where the audience reaches 2.000 to 4.000 people, we have courageously decided to offer it to an audience as wide as possible. In fact, usually our events are followed by 20.000 to 35.000 visitors.

We use the word "courage" because the "insider" boycott this event. They try to destroy it, to cut supports, perhaps because they are afraid to lose the privileges they have and toughly want to continue to maintain them.

We want to defend the right of knowledge for everybody and ... furthermore we wish to share with everyone the possibility to participate ... because altogether, we can !!

We want to end with the slogan of the event: *"....freed the knowledge ... and knowledge will save us..."*

A big hug of brotherhood.

Hari OM

Emy Blesio

Creator and Art director

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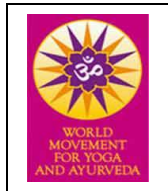


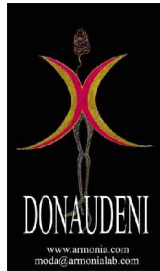

## ITALIAN Official Patronage

 CITTÀ DI SESTO SAN GIOVANNI <small>MEDAGLIA D'ORO AL VALOR MILITARE</small>	 Comunità srilankese World Events Festival Milano - Italia	 Provincia di Milano	 Regione Lombardia	 Confederazione Ufficiale Italiana Di Yoga
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## Abroad Official Patronage

 Sri Lanka Ministry of cultural affairs	 ශ්‍රී ලංකා නාවික කාර්යාලය இலங்கை தூதராலயம் Embassy of Sri Lanka Roma	 Republic of Mauritius	 I.Y.C. International Yog Confederation New-Delhi
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## International Collaboration

 World Movement For Yoga & Ayurveda	 E.Y.F. European Yoga Federation	 The World Community of Indian Culture & Traditional Disciplines	 Armonia Sri Lanka Italia	 Organizzazione interreligiosa
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 Sree Sarvangam Foundation	 Federazione Sportiva & Culturale Mauriziana Milano e hinterland fondata il 31/08/2006	 Centro Culturale Mauritius-Milano	 World Events Committee Milan-Italy WEC@theworldcommunity.com	 NETH TV
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## National Collaboration

 3Store Bocconi	 FIDITALIA	 Suryanagara - Scuola Internazionale di Yoga, Arte, Cultura	 C.Y.Surya Scuola Internazionale di Ayurveda	 Organizzazione per la Pace Roma	 Organizzazione Eventi Francia-Italia
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**C.U.I.D.Y. Confederazione Ufficiale Italiana Di Yoga** - WORLD M.Y.A. World Movement for Yoga & Ayurveda, The World Community of Indian Culture & Traditional Disciplines - E.Y.F. European Yoga Federation - Via Teramo 5 - 20142 Milano – Italy + 39 02 89150917 + 39 338 3116126 [info@theworldcommunity.com](mailto:info@theworldcommunity.com) – [secretariat@confederazioneyoga.it](mailto:secretariat@confederazioneyoga.it) - [www.confederazioneyoga.it](http://www.confederazioneyoga.it)