

**Establish "THE KINGDOM OF THE POSSIBILITY"
EVERY YEAR I PUT FORWARD "THE FESTIVAL OF INDIA":
WEST MEETS EAST, "MITICAINDIA" (a widely imitated event,
both in name and contents), in which it takes place the
CONGRESS OF YOGA & AYURVEDA and THE SYMPOSIUM OF
SPIRITUALITY "RAYS OF A UNIQUE LIGHT"**

An event belonging to everyone! The name "India" is just a pretext to join in one big embrace all those who still want to believe in eternal values... common base for all human beings...animate and inanimate.....

I created The Festival of India in 2002 and, together with many people who believed in me and that I met on my way, (first of all Michele De Bernardi, who was at that time Director of the Forum of Assago, and who fully trusted me), I brought this event from 20,000 visitors (in the first edition) to 35,000 visitors (in the fourth). And since 2002, this Festival is still proposing an International congress aiming to spread the profound science of Yoga to the general public, and this obtaining truly amazing results (moreover, since 2008 the Festival has the support of the Government of India).

If Yoga has obtained in recent years an ascent like that, it's thank to this great event too. In addition, in 2008 I introduced the SYMPOSIUM of SPIRITUALITY "RAYS OF ONE LIGHT" with a format that is having a great success.

Why am I writing these things? To be sincere there's no particular aim. Maybe in order to answer someone who asked me the reason why an event of this magnitude has been so thwarted and countered, and why there are so many people trying to scuttle it - maybe even people belonging to academic environment - instead of supporting, promoting, and defending it, and I consequently felt compelled to give an answer. Or the true reason lies is my belief that all those concerned with culture, science, philosophy, spirituality of India should work together, unite and, above all ... shouldn't fight against each other!

It should make no sense to talk about Yoga, to deal with Yoga, to study Yoga, if even the meaning of the term YOGA is unacknowledged.

One of the meanings of the word Yoga is to join, and doesn't it seem rather strange to you that all associations, federations, schools, organizations who offer this discipline, often waste their time slaughtering, parting, sinking themselves, only just in order to pick up some more students (who, following their example, one day will act the same way), or arranging a lot of small reductive events instead of meeting in one big event embracing all of them, no one excluded, with love and mutual respect?

The ancients said (and realized) that "union is strength". Isn't it weird that even now, in the 20th century, its importance is not yet understood? If you take a single, thin sewing thread, you can easily break it up, but if you put together a thousand threads, they turn into an highly resistant rope!

In 2002 I started proposing this Union to all associations in the field of Yoga and Eastern disciplines, holistic, vegetarian, Ayurvedic ones... and others, but my

message dropped into a deep ocean of silence ... even (and such a thing seems to me so absurd and incomprehensible) hostility.

Once realized the big success of the event, they tried (but fortunately without success!) to cattle it. Having not participated, it was obvious that they should have tried to make others believe that the reason for their refusal was not to be found in their blindness or bad evaluation, but in the spurious excuse that the event was a dung and not serious (because it's much better to turn yoga into a gaming and superficial event like a festival than creating a playful event like a festival and put yoga in a SERIOUS congressional contest). And then in the following years banally copying it by entering the -so previously despised- playful aspects. These are the strange contradictions, accepted as great truths by those who have no desire to see, or to ask questions to themselves.

But YOGA has its own independent life that doesn't depend on me, nor on others, and if YOGA wants to have success it will have it, in spite of jealousy, envy and other various depressing iniquities. One of the greatest among them is the fear of competition. Just as sellers of cheese or shoes ...Traders are the only ones authorized to fear competition!

In our field there mustn't be no competition. Because each one of us, every master, teacher etc.. is different and has its own different way of teaching that has a different following... because luckily we are the same but different at the same time ... with different rules but, without any doubt, with a common basis, Yoga, like a house has a common foundation with the other buildings.

Unity in diversity, said Mahatma Gandhi.

Then, it's up to who will build upon this foundation to decide if building a cathedral, or a block of flats, a supermarket, or even a whorehouse.... or his piggery.

But .. this will be individual karma. In events created by me, starting from the one born to honor Gandhi in 1998 (the fiftieth anniversary of his death, in which participated for free 338 artists), there is only one common denominator, to spread the interest for culture, art, science, philosophy, spirituality.

This should be the purpose of those working in this field and of those who are aware that, where there is knowledge, ignorance cannot enter, while knowledge may easily come where ignorance is, as the darkness cannot enter into the light because it would be canceled out, while the light can enter the darkness making it disappear. So it's clear that knowledge has a stronger and mighty power over ignorance. As the Light is more powerful than shadow.

We, ALL, have a duty, to bring this message to others, THE LIGHT. At least for what is within our possibilities.

"Let's save knowledge and knowledge will save us!" is the motto that along these last two years has become the pillar of the teachings I offer both to ordinary students classes and teacher training courses.

And, in favor of this, I ask you and everyone to cooperate with us in these events. With what it may, and we are capable of.

Gandhi used to say: "Even if you can't do much, do it anyway!"

Yes! Because along with many other "little", you can create something great. An ocean is made of many small drops. And there is none more important than another. Starting from myself. Well, for a matter of my Dharma I threw a flower, now it's up to you to decide...to pick it up... or to let it dry in the place where it has fallen ...

But this ... will be your karma.

A smile

Emy Blesio



Gandhi and Kasturba, they have shown us that there is "*The Kingdom of the Possibility*"

