

Memorable Moments - Patanjali Week Celebrations 2010



Exhibition Area : 435 ft. x 1500 ft.

- ↪ Space for Exhibitions
- ↪ Stalls for Schools, Associations, Organizations, NGOs
- ↪ Stalls for Books & magazines.
- ↪ Stalls for Ayurvedic Products & Indian Spices
- ↪ Stalls for Tour Operators
- ↪ Stalls Handicrafts, Products, Stalls, Etc.
- ↪ Stalls of various States of India
- ↪ Stalls of Indian Cuisine
- ↪ Stalls of International Organizations/NGOs

!! Well planned Media Publicity of the Event !!

Associates

- ❖ International Yog Confederation
- ❖ World Movement for Yoga & Ayurveda
- ❖ E.Y.F. European Yoga Federation
- ❖ India Nirman Kendra
- ❖ The World Community of Indian Culture & Traditional Disciplines
- ❖ Bhartiya Yog Anusandhan Kendra, Bhopal, MP, India
- ❖ C.U.I.D.Y. Confederazione Ufficiale Italiana Di Yoga
- ❖ World Movement for Indian Fine Arts

For subscription form and participation please log on:

www.patanjaliweek.com, www.theworldcommunity.com, www.worldindianart.net, www.worldyogayurveda.net, www.confederazioneyoga.it, www.suryanagara.it, www.c.y.surya.milano.it, www.win.ind.in, www.indianirmankendra.com, www.internationalyogconfederation.com

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"Yog is Seed of Knowledge"



Patanjali Week Celebrations - 2011

Part of YOG VIDYA JAGRITI ABHIYAN-INTERNATIONAL HOLISTIC HEALTH MOVEMENT
Programme of **YOG CONFEDERATION OF INDIA**

Affiliated to International Yog Confederation, World Movement for Yoga and Ayurveda
and The World Community of Indian Culture and Traditional Disciplines, Italy
In association with North-Eastern Council, Ministry of DoNER, Govt. of India

18th October to 25th October 2011

Bhartiya Yog Anusandhan Kendra, Bhopal, Madhya Pradesh (India)



This Event is born to defend the right of knowledge for everybody and...
furthermore to share with everyone the possibility to participate to the knowledge...
because altogether, we can!!

Associates



PROGRAMME

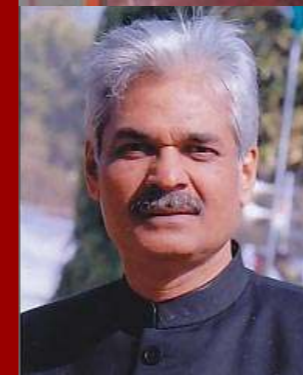
Every morning from 9.00 am to 12.00 noon guests will visit important historical places nearby Bhopal

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|-------------------------|--|
| 1.00 p.m. to 2.00 p.m. | Lunch - at the venue (for the guests) |
| 2.00 p.m. to 6.00 p.m. | Workshops on Yog and Ayurveda based on philosophy and teachings of Maharishi Patanjali and Scientific justifications |
| 6.00 p.m. to 7.30 p.m. | Workshops & Teachings on Indian, Ayurvedic & International cuisine |
| 7.30 p.m. to 8.30 p.m. | Dinner (for the guests) |
| 8.30 p.m. to 11.00 p.m. | Cultural Program |

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| 18th October, 2011 | Arrival of the Guests |
| 19th October, 2011 | Inauguration |
| on 19th and 20th October, 2011 special focus will be made on the philosophy, teachings and research work of Maharishi Patanjali in the areas of Sanskrit Grammar, Kamasutra, Ayurved and Yog Sutra | |
| 20th October, 2011 | Visit to Village of Maharishi Patanjali |
| 21st October, 2011 | Maharishi Patanjali Jayanti Celebration |
| 24th October, 2011 | Dhanteras |
| 25th October, 2011 | Deepawali Celebration, Closing Ceremony and Felicitation |

YOG

- | | |
|--------------------|---|
| 19th October, 2011 | Yama (lectures and workshops) |
| 20th October, 2011 | Niyama (lectures and workshops) |
| 21st October, 2011 | Asana (lectures and workshops) |
| 22nd October, 2011 | Pranayama (lectures and workshops) |
| 23rd October, 2011 | Pratyahara (lectures and workshops) |
| 24th October, 2011 | Dharana (lectures and workshops) |
| 25th October, 2011 | Dhyana (lectures and workshops) |
| 25th October, 2011 | Samadhi, Yogasana demonstrations and competitions |



Save the seed of knowledge (Yog) to conserve the world

- ★ Physical Matter or Body Visioning Philosophy - Primary Meditation
- ★ Psyche Visioning Philosophy – Secondary Meditation
- ★ Wisdom Visioning Philosophy – Higher Meditation
- ★ Mind and Soul Visioning Philosophy – Universal Meditation
- ★ God Visioning Philosophy – Ultimate Meditation



AYURVEDA

- | | |
|--------------------|--|
| 19th October, 2011 | Basic knowledge of Ayurveda |
| 20th October, 2011 | Diagnosis of disease and pulse reading |
| 21st October, 2011 | Ayurvedic Panchkarma |
| 22nd October, 2011 | Ayurvedic (Herbal) Medicines |
| 23rd October, 2011 | Ayurvedic Medicinal Preparations |
| 24th October, 2011 | Research and Scientific analysis of Ayurveda |

CULTURAL PROGRAMME

18th October to 25th October, 2011 - 8.30 p.m. to 11.00 p.m.
Workshops, demonstrations of Yogasanas, Mallakhamb, Matial Arts, Music, Bhajans, Chanting and Dances (classical, traditional and contemporary)

25th October, 2011 GALA with all the participants & artists

